



13-AAAAA Track and Field District Meet

Hosted by: Lovejoy ISD

Location: Lovejoy ISD Stadium

Wednesday, April 3, 2024

Day 1

Field Events

8:00 – 9:00 AM	Pole Vault Weigh in/Pole Vault Inspection – Pole Vault Area
8:00 – 9:30 AM	Shot/Disc Implement Inspection – North Shed
8:30 AM	Coaches/Workers Meeting (Press Box - 1st Floor)
9:00 AM	FIELD EVENT workers report to field event area
JV athletes	4 attempts
Varsity athletes	3 preliminary attempts – top 8 to finals – 3 final attempts

Time	Shot Put	Triple Jump	High Jump	Long Jump	Pole Vault	Discus
10:00am	JVG	JVG	VB 5'6"	VG	VG 7'6"	VB
11:30pm	VG	JVB	JVG 4'2"	VB	JVG 6'6"	JVB
1:00pm	JVB	VG	JVB 5'2"	JVG	VB 10"	JVG
2:30pm	VB	VB	VG 4'6"	JVB	JVB 8"	VG



**13-AAAAA Track and Field District Meet
Wednesday, April 3, 2024
Day 1**

Running Events-Preliminaries

* Running will start 30 minutes after the final field event is completed, no earlier than 4:00PM.

** 3200m run will be a timed final - (JVG/JVB/VG/VB) and will begin @ **9:00 AM**

EVENT	RACE TIME	REPORT TO START LINE	REPORT TO HEATING CLERK	HIP NUMBERS
JVG 3200	9:00	8:50	8:45	8:25
JVB 3200	9:15	9:05	9:00	8:40
VG 3200	9:30	9:20	9:15	8:55
VB 3200	9:45	9:35	9:30	9:10
JVG 100H	4:00	3:50	3:45	3:25
VG 100H				
JVB 110H				
VB 110H				
JVG 100M				
JVB 100M				
VG 100M				
VB 100M				
JVG 400M				
JVB 400M				
VG 400M				
VB 400M				
JVG 300H				
VG 300H				
JVB 300H				
VB 300H				
JVG 200M				
JVB 200M				
VG 200M				
VB 200M				

10:30 – 3:45 PM Track open for relay handoffs



13-AAAA Track & Field District Meet
Thursday, April 4, 2024
Day 2
Running Finals

JVG, JVB, VG, VB

6:00pm

National Anthem

EVENT	RACE TIME	REPORT TO START LINE	REPORT TO HEATING CLERK	HIP NUMBERS
4X100M RELAY JV	6:05	5:55	5:50	5:30
4X100M RELAY VAR	6:11	6:03	5:58	5:38
800M JV	6:25	6:15	6:10	5:50
800M VAR	6:33	6:23	6:18	5:58
100M H	6:45	6:35	6:30	6:10
110M H	6:55	6:45	6:40	6:20
100M JV	7:10	7:00	6:55	6:35
100M VAR	7:14	7:04	6:59	6:39
4X200M RELAY JV	7:25	7:15	7:10	6:50
4X200M RELAY VAR	7:31	7:21	7:16	6:56
400M JV	7:45	7:35	7:30	7:10
400M VAR	7:49	7:39	7:34	7:14
300M H GIRLS	8:00	7:50	7:45	7:25
300M H BOYS	8:06	7:56	7:51	7:31
200M JV	8:25	8:15	8:10	7:50
200M VAR	8:29	8:19	8:14	7:54
1600M JV	8:40	8:30	8:25	8:05
1600M VAR	8:55	8:45	8:40	8:20
4X400M RELAY JV	9:10	9:00	8:55	8:35
4X400M RELAY VAR	9:20	9:10	9:05	8:45

5:35 pm
 Start Line

Relay Judges and Running Workers Meeting at

5:50 pm
5:00 pm

Track closed for relay handoffs
Relay cards due to timing tent