

Bulldog Relays

Friday, March 8th, 2024

FIELD EVENTS

10 am ~

LJ - JV girls then varsity girls

PV - varsity girls then varsity boys

Shot Put - varsity girls then JV girls

TJ - varsity boys then JV boys

HJ - JV boys then varsity boys

Discus - varsity boys then JV boys

1:00pm or 30 min after 1st round field events (whichever comes first) ~

LJ - JV boys then varsity boys

PV - JV boys then JV girls

Shot Put - varsity boys then JV boys

TJ - varsity girls then JV girls

HJ - JV girls then varsity girls

Discus - varsity girls then JV girls

MEET SCHEDULE (JVG, VG, JVB, VB)

1:30 p.m. -- 3200m

2:30 p.m. – Developmental 1600m

3:10-3:50 p.m. - track warm-ups/exchanges

4:00 p.m. -- Rolling schedule

4x100 relay

800m

100H, 110H (JVG, VG, JVB, VB)

100m

FASTEST SECTION - Developmental 1600m (girls, boys)

4x200m relay

400m

300H (JVG, VG, JVB, VB)

200m

1600m

4x400m relay

**Scratch meeting will take place in the weight room @ 10am

**SCRATCHES ONLY--NO ADDITIONS

**Worker & Coach meals will be provided in the weight room from 11-1pm (lunch) and 4-6 pm (dinner).

**3200m & 1600m Athletes will pick up hip numbers at the tent on the North end of the Stadium (athletes should pick up hip numbers 15 minutes prior to event)

**Athletes will not be allowed onto the infield without a hip number and must depart the infield as soon as their event has concluded

**Warm-ups to take place on the field north of the track, when the sun goes down they will be on the infield

**Triple Jump--West Pit

**Long Jump--East Pit

High Jump opening heights:

| |
|-----------------------|
| JV Girls: 4'2" |
| V Girls: 4'6" |
| JVB Boys: 5'0" |
| VB Boys: 5'4" |

Pole Vault opening heights:

| | |
|------------------------|----------------------|
| Opening Height: | JV Girls – 6' |
| | V Girls –7' |
| | JV Boys – 7'0 |
| | V Boys - 9'0" |

Track Surface & Markers

4x100m relay - Yellow

4x200m relay - Green → Green → Yellow

4x400m relay - Blue arrow

Entries

All timing will be FAT. We will use txmilesplit.com as the entry site. All entries are due by Thursday, Mar 2nd by 4pm. At the coaches meeting, you will be able to scratch and add an athlete only if you have a spot already.

Camps

There will be camps only on the visitor side ~ no spectators are allowed on that side. All camps can be outside of the fence, in the bleachers or under the visitor bleachers.

Drop off & Parking

You will be able to drop off your athletes in the parking lot on the east side of the stadium then park their buses on Hollis St or the north end gravel parking lot.

Hospitality

We will be serving lunch from 11-1pm and a dinner meal to all coaches and workers at 4pm-6pm. I need a heat count of the # of coaches - email to jerichards@mckinneyisd.net

Awards

You can pick up your awards outside the elevator at the conclusion of the meet.